

1.

Make a list of the medications you currently take.
(Be sure to include the dosage and monthly quantity)

2.

Check to make sure your plan still includes those medications in their formulary for next year?

3.

Do those medications have any new **restrictions?**

- **Quantity Limits**

Plans may limit the amount of a medication that the plan will cover every month.

- **Step Therapy**

You must first try certain less expensive drugs that have been proven effective for most people with your condition.

- **Prior Authorization**

You must get approval from your plan before it will pay for certain drugs.

4.

Has the premium changed?

▶ **Has the co-pay/amount you pay every month for your medications changed?**

5.

Is there a plan that can save you more money?

6.

You can get help evaluating the plans from the following resources:

- **Shiine Program 1-800-536-8197**
- **Your Local County Extension Office**
- **South Dakota SMP (East) 1-800-822-8804**
(West) 1-800-695-8168
- **1-800-MEDICARE (1-800-633-4227)**